Inclusive ECD Fellow: Giang Le

Giang has a BA in Psychology and a Masters in Disability Policy and Practice at Flinders University of South Australia. She currently working as the Project Officer and Disability Technical Assistant at a local nonprofit organization based in Ha Noi, Vietnam, where she focus on early identification and intervention programs for children with disabilities.

Supporting caregivers of children with intellectual and developmental disabilities in Vietnam: A literature review
Caregivers of children with intellectual and developmental disabilities in Vietnam: A literature review of experience, needs and support programs

Knowledge Fellow: Giang Le, RMIT University Vietnam
Mentor: Dr Ha Tran, Research and Training Center for Community Development
Project Aim and Objective

• To contribute to better representing children and families from low-resourced settings in the literature on Intellectual and Developmental Disabilities (IDD).

• To capture the existing evidence and identify research, implementation and policy gaps in supporting caregivers of children with IDD Vietnam.
Methods

Review Questions

• What is known about the experiences and support needs of caregivers of children with IDD in Vietnam?
• What are the support programs, initiatives and interventions to support caregivers that have been implemented? What are the outcomes and lessons learned?

19 articles and reports

Limitations

• Not systematic review
• No appraisal of quality of methods/data/findings
Key findings: Caregivers’ experiences and support needs

Experiences
- Higher level of stress
- Lack access to formal (professional) and reduced informal support
- Experience of discrimination and social isolation

Support needs
- Connect with other parents to share experiences and psychological support
- Access to professional services
- Access to information, education and training

Gender and cultural factors
Key findings: Supporting Caregivers Programs

- The Portage Program
- Family Management Intervention Program
- Online Parent-mediated Intervention
- Caregivers Skills Training (WHO)

TIDieR Template for Intervention Description and Replication

<table>
<thead>
<tr>
<th>Item number</th>
<th>Item</th>
</tr>
</thead>
</table>

**BRIEF NAME**
1. Provide the name or a phrase that describes the intervention.

**WHY**
2. Describe any rationale, theory, or goal of the elements essential to the intervention.

**WHAT**
3. Materials: Describe any physical or informational materials used in the intervention, including those provided to participants or used in intervention delivery or in training of intervention providers. Provide information on where the materials can be accessed (e.g. online appendix, URL).
4. Procedures: Describe each of the procedures, activities, and/or processes used in the intervention, including any enabling or support activities.

**WHO PROVIDED**
5. For each category of intervention provider (e.g. psychologist, nursing assistant), describe their...
## Key findings: Supporting Caregivers Programs

<table>
<thead>
<tr>
<th>Providers</th>
<th>Portage Program</th>
<th>FMIP</th>
<th>Online PMI</th>
<th>CST</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Teachers/ college students as trainers</td>
<td>Research team as trainer/ supervisor Parents</td>
<td>Teachers as trainer Parents</td>
<td>Teachers as trainer Parents</td>
</tr>
<tr>
<td></td>
<td>Parents</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Where</td>
<td>Home</td>
<td>Hospital</td>
<td>Home</td>
<td>Home, local centers</td>
</tr>
<tr>
<td>How</td>
<td>In person, Home visit</td>
<td>In person, telephone</td>
<td>Video-conference, smartphones</td>
<td>In person, home visit</td>
</tr>
<tr>
<td>Modification</td>
<td>No information</td>
<td>Not applicable</td>
<td>Not applicable</td>
<td>No information</td>
</tr>
</tbody>
</table>
# Areas for future research

<table>
<thead>
<tr>
<th>Rationale</th>
<th>Training for parents; task-shifting; community-based rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Materials</td>
<td>Process of validation, translation and adaptation</td>
</tr>
<tr>
<td>Procedures</td>
<td>Technology to deliver training</td>
</tr>
<tr>
<td>Providers</td>
<td>Minimum requirements for facilitators</td>
</tr>
</tbody>
</table>