

# Inclusive ECD Fellow: Giang Le



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## Project

**Supporting caregivers of children with intellectual and developmental disabilities in Vietnam: A literature review**

Giang has a BA in Psychology and a Masters in Disability Policy and Practice at Flinders University of South Australia. She currently working as the Project Officer and Disability Technical Assistant at a local nonprofit organization based in Ha Noi, Vietnam, where she focus on early identification and intervention programs for children with disabilities.



# Caregivers of children with intellectual and developmental disabilities in Vietnam: A literature review of experience, needs and support programs

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# Project Aim and Objective



- To contribute to better representing children and families from low-resourced settings in the literature on Intellectual and Developmental Disabilities (IDD).
- To capture the existing evidence and identify research, implementation and policy gaps in supporting caregivers of children with IDD Vietnam.

# Methods

## Review Questions

- What is known about the **experiences** and **support needs** of caregivers of children with IDD in Vietnam?
- What are the **support programs, initiatives and interventions** to support caregivers that have been implemented? What are the outcomes and lessons learned?

**19 articles and reports**

## Limitations

- Not systematic review
- No appraisal of quality of methods/data/findings

# Key findings: Caregivers' experiences and support needs

Gender  
and  
cultural  
factors

## Experiences

- Higher level of stress
- Lack access to formal (professional) and reduced informal support
- Experience of discrimination and social isolation

## Support needs

- Connect with other parents to share experiences and psychological support
- Access to professional services
- Access to information, education and training

# Key findings: Supporting Caregivers Programs



The Portage Program

Family Management Intervention Program

Online Parent-mediated Intervention

Caregivers Skills Training (WHO)



The TIDieR (Template for Intervention Description and Replication) Information to include when describing an intervention and the location

Item number	Item
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- BRIEF NAME**  
Provide the name or a phrase that describes the intervention.
- WHY**  
Describe any rationale, theory, or goal of the elements essential to the intervention.
- WHAT**  
Materials: Describe any physical or informational materials used in the intervention, including those provided to participants or used in intervention delivery or in training of intervention providers. Provide information on where the materials can be accessed (e.g. online appendix, URL).  
Procedures: Describe each of the procedures, activities, and/or processes used in the intervention, including any enabling or support activities.
- WHO PROVIDED**  
For each category of intervention provider (e.g. psychologist, nursing assistant), describe their

# Key findings: Supporting Caregivers Programs



	Portage Program	FMIP	Online PMI	CST
Providers	Teachers/ college students as trainers Parents	Research team as trainer/ supervisor Parents	Teachers as trainer Parents	Teachers as trainer Parents
Where	Home	Hospital	Home	Home, local centers
How	In person, Home visit	In person, telephone	Video-conference, smartphones	In person, home visit
Modification	No information	Not applicable	Not applicable	No information

# Areas for future research

## Rationale

Training for parents; task-shifting;  
community-based rehabilitation

## Materials

Process of validation, translation  
and adaptation

## Procedures

Technology to deliver training

## Providers

Minimum requirements facilitators





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